

LEARN TO RIDE

**PEDAL
POWER
PWER
PEDAL** 
CYCLING 4 ALL / BEICIO I BAWB

FREE learn to ride
drop in sessions @
Pedal Power,
Alyn Waters Country Park.
Starting Sat 29th Oct 2022
10am-12pm

**Ask about
our BIKE
SWAP!!**

Bring your own bike
& helmet

(bikes & helmets available for use if
required)



Parents/carers must stay
with their child(ren) during
the session and wear
suitable footwear as there
will be plenty of running
around!

Contact 01978 757 524/
info@groundworknorthwales.org.uk
www.cycling4all.org



**COMIC
RELIEF**

DYSGU REIDIO

**PEDAL
POWER
PŴER
PEDAL**
CYCLING 4 ALL / BEICIO I BAWB

BEIC

Sesiynau dysgu reidio
beic **AM DDIM** yn
Pedal Power,
Parc Gwledig Dyfroedd.

Yn dechrau
dydd Sadwrn 29 Hydref
2022 10am-12pm



**Gofynnwch am
ein rhaglen
CYNEWID
BEICIAU!!**

Dewch â'ch beic
a'ch helmed

(mae gennym feiciau a helmedi ar gael os
oes angen)

Rhaid i rieni/gofalwyr
aros gyda'u plant yn
ystod y sesiwn, gwisgwch
esgidiau addas –
byddwch yn rhedeg o
gwmpas!

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**COMIC
RELIEF**